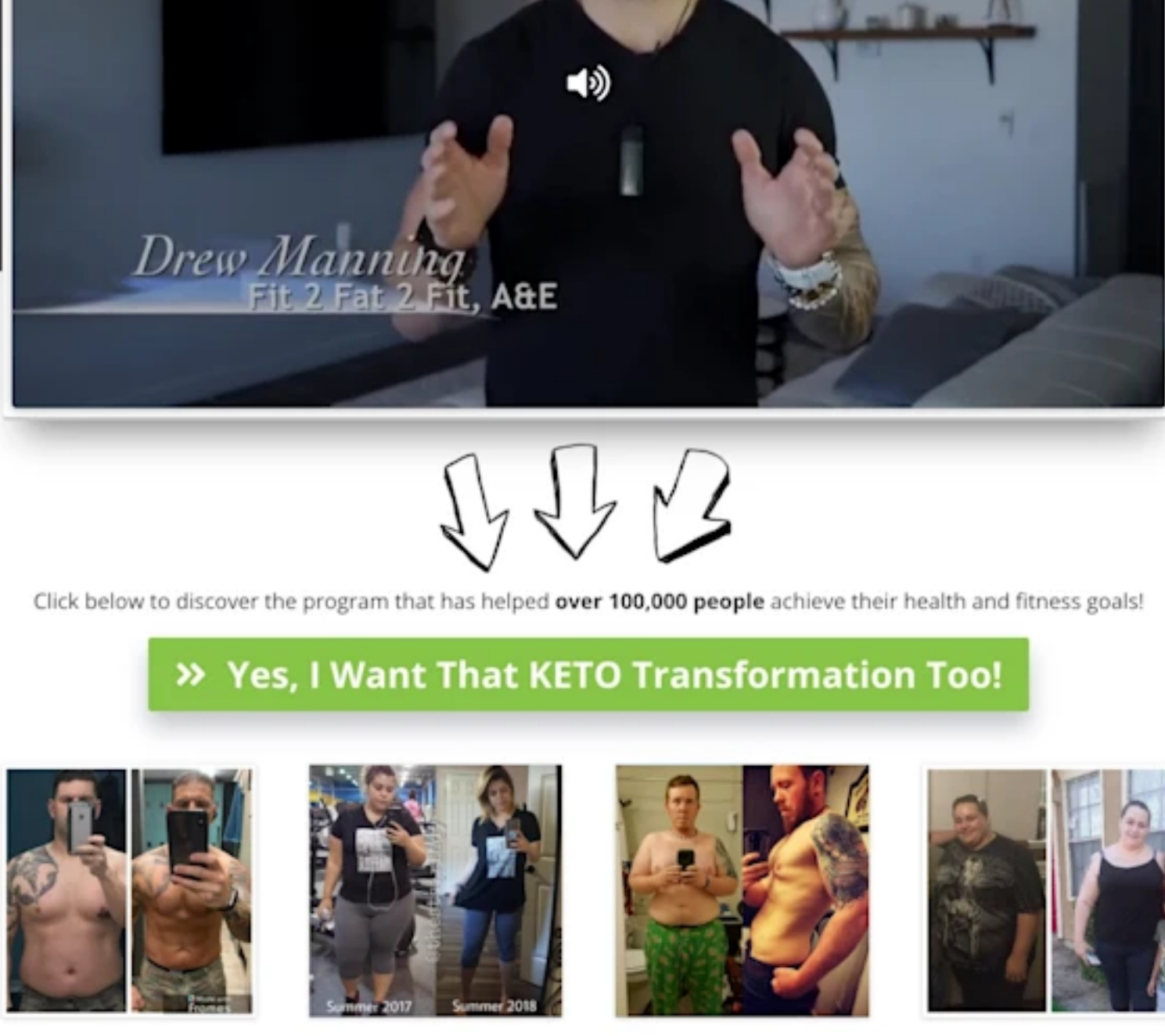


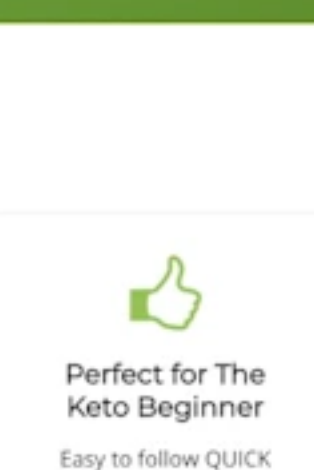
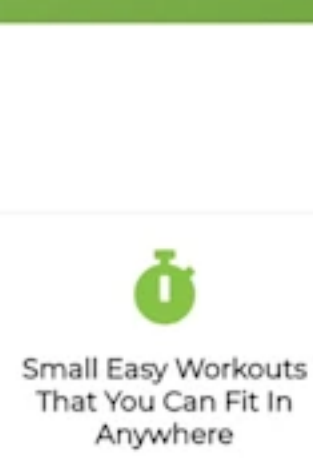
Burn Fat Eating The Fatty Foods You Love! That's KETO!!!

Do You Want To Discover How To **BURN FAT, LOSE WEIGHT, AND STILL EAT THE FOODS YOU LOVE?**



Click below to discover the program that has helped over 100,000 people achieve their health and fitness goals!

[» Yes, I Want That KETO Transformation Too!](#)



Who Is The Keto Jumpstart For?

The KETO Jumpstart is designed for weight loss seekers that love fatty foods and want to....

- ✓ lose the weight fast (NOT JUST A LITTLE WEIGHT)
- ✓ and want a program that is easy to follow and stick to so you can
- ✓ make that permanent weight loss transformation you've been looking for!

If this doesn't sound like you then this program IS NOT for you!

What To Expect?

Small Easy Workouts That You Can Fit In Anywhere

So you can spend less time cooking and exercising and more time doing the things you love

More Energy Than You'll Know What To Do With

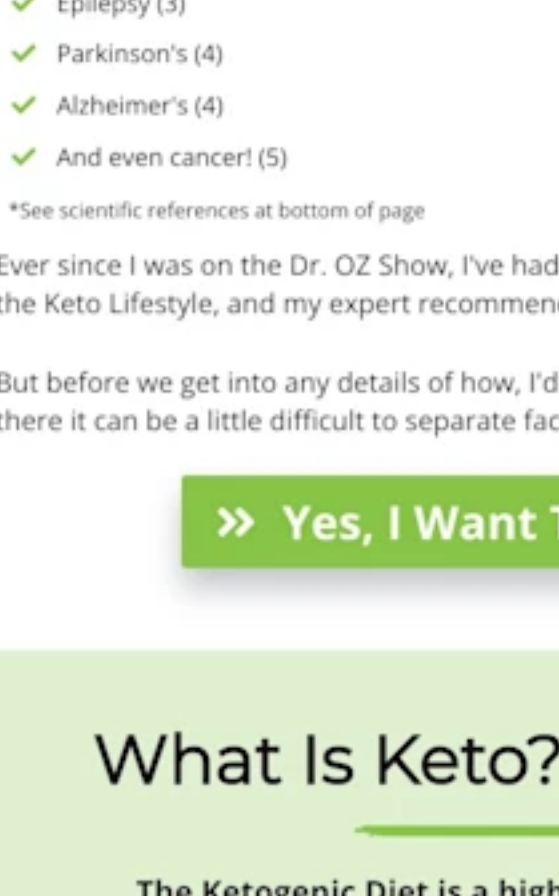
Perform better at work and keep up with your busy life!

Eat the Foods You Love

There is a recipe for almost every one of your guilty pleasures included in the program

Perfect for The Keto Beginner

Easy to follow QUICK ATTAINABLE GOALS all laid out for you. We take all the guesswork out of it!



How Can Eating More Fat Be The Key To Achieving The Body Of Your Dreams?

My Name is Drew Manning, and I've always had a passion for fitness.

You may know me from my journey some years ago where I INTENTIONALLY gained 75 pounds and lost it again in order to better empathize with my overweight clients.

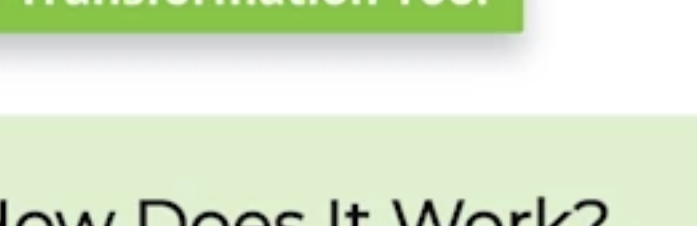
Or you may have seen me on my TV show on A&E called Fit To Fat To Fit, where I teach other trainers the valuable lessons I learned on my journey.

My quest to become the expert was challenging, but now I UNDERSTAND.

I have become a better trainer and a better person because I have been there.



Drew Manning on the Dr. Oz show talking about how he lost 70+ pounds in 6 months!



If You Know Me...

You know I'm always looking for easy ways to maintain a healthy lifestyle that allow me to balance my jobs as both a trainer and a single dad to my two beautiful girls.

And if you follow me on social media, you'll know that over the past couple years I've been a pretty big fan of the Ketogenic diet.

You may have seen me on the Dr. OZ show talking about all the advantages it provides.

Ever since I implemented it into my life, I've been able to easily maintain my weight and stay lean despite my hectic travel schedule and responsibilities as a dad.

The ketogenic diet has also been shown to improve not only cognitive function and mental clarity, but also minimize complications resulting from:

- ✓ High Cholesterol (1*)
- ✓ Diabetes (2)
- ✓ Epilepsy (3)
- ✓ Parkinson's (4)
- ✓ Alzheimer's (4)
- ✓ And even cancer! (5)

*See scientific references at bottom of page

Ever since I was on the Dr. OZ Show, I've had so many people reach out to me asking if they should get started with the Keto Lifestyle, and my expert recommendation on the best way to do it.

But before we get into any details of how, I'd like to go into what exactly Keto is, because with all the information out there it can be a little difficult to separate fact from fiction...

[» Yes, I Want That KETO Transformation Too!](#)

What Is Keto? And How Does It Work?

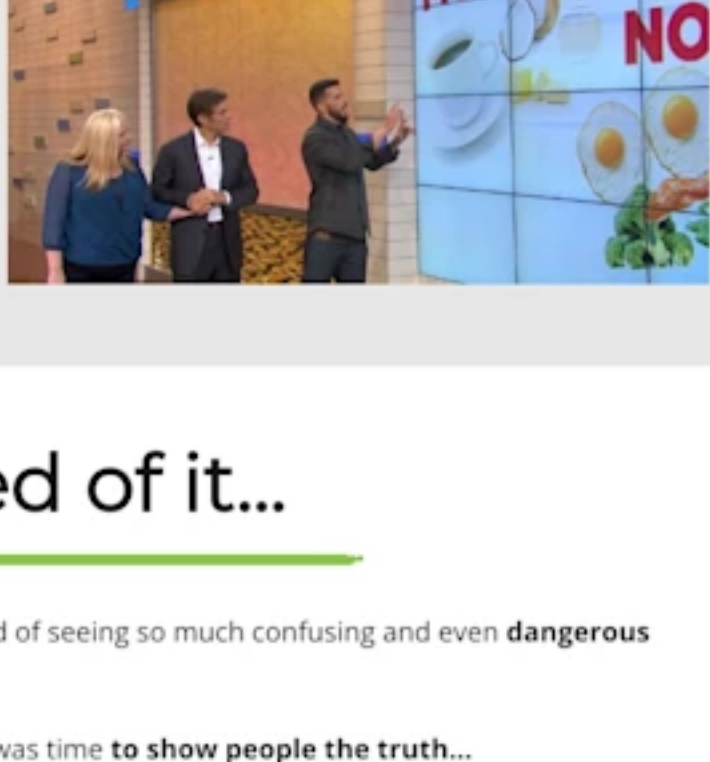
The Ketogenic Diet is a high fat, moderate protein, and low carbohydrate diet.

Through the restriction of carbohydrates, it re-programms your metabolism to **burn your fat stores** for fuel rather than using the glycogen stored in your muscles.

The low-carb intake helps to keep your blood sugar levels from spiking.

This allows your fat cells to begin releasing fatty acids, which your liver will then breakdown to produce what are called **"ketones."**

Ketosis is the physiological state that is achieved when your body breaks down ketones for energy rather than the glucose from carbohydrates.



What Are The Benefits?

IN ADDITION TO RAPID WEIGHT LOSS

Studies have shown that keto has **all kinds of health benefits**, these are just a few...

Increased Energy

Improved Performance

Mental Clarity

Improved Cognitive Function

Better Digestion

Slows Down The Aging Process

As you can see, there are so many proven benefits of living the Keto Lifestyle...

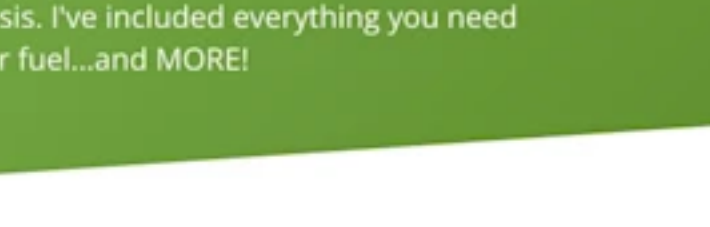
My meeting with Dr. OZ showed me something UNBELIEVABLE:

People were extremely confused about Keto.

Most people were doing it COMPLETELY WRONG! Keto sites had popped up everywhere...

So many misinformed articles and "trainers" were teaching downright LIES.

These were lies that would at best give ZERO RESULTS, and at worst **harm someone's body**.



I was tired of it...



I was tired of seeing so much confusing and even **dangerous lies...**

I knew it was time to **show people the truth...**

It was time to **simplify things for everyone...**

It was time to create just ONE effective, easy-to-follow program that would make every step into the Ketogenic lifestyle **as simple as possible**.

Guess what?

It took off like a rocket and spread like wildfire.

Since launching the program, there have been over 100,000 women and men who have made the life-changing decision to follow the program...

And now you can too.

Presenting...

The Keto Jumpstart Program



[» Yes, I Want That KETO Transformation Too!](#)

What's Inside The Keto Jumpstart?

An easy-to-follow program designed to teach you which foods to eat and which to avoid to get in and **STAY IN** ketosis. I've included everything you need to start burning fat for fuel...and MORE!

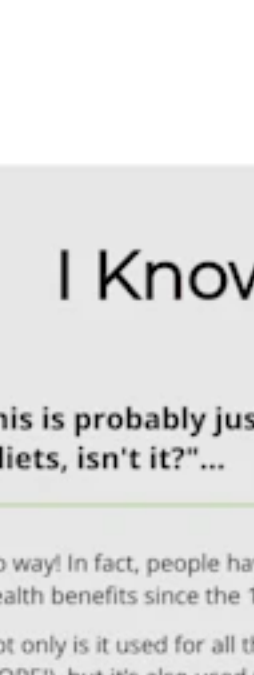
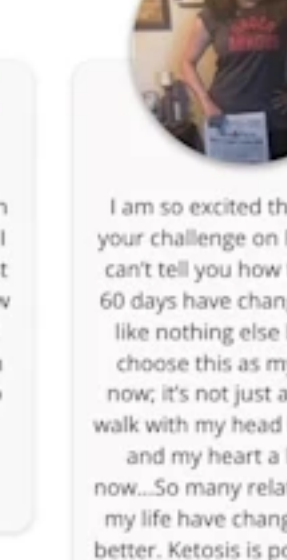


Keto Jumpstart Meal Plan (\$96 Value)

- ✓ An easy-to-follow, full 8-week meal plan including meals for **breakfast, lunch, dinner, and treats!** Tells you exactly what to eat and when to eat it!
- ✓ Includes 8-weeks of grocery lists with portion sizes adjusted for **both men and women**. All you have to do is go to the grocery store!
- ✓ Includes **over 35 Keto recipes** with portion sizes adjusted for both men and women
- ✓ Includes a full list of all the **types of foods and beverages you should eat and which you should avoid** to stay Keto!
- ✓ Detailed answers to common Keto questions including: **what your macros should be, how to test your ketone levels, signs that you're in ketosis, how to stay keto on the go, keto-friendly alcohol options, and MORE!**

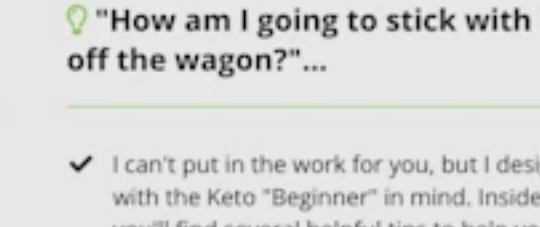
Keto Food List (\$27 Value)

- ✓ Comprehensive list of keto foods: **meats, veggies, fruits, beverages, fats, oils, dairy, and nuts!**
- ✓ Includes **over 80 items** so you'll never have to wonder what to look for at the grocery store
- ✓ **Plenty of options** so you can create hundreds of delicious recipes of your own!



Keto Challenge Workouts (\$500 Value)

- ✓ 8 weeks of fat-burning workouts designed to **maximize your fat loss**. Can be done at the gym or at home, regardless of your current fitness level!
- ✓ Includes **bodyweight workouts, weight training, hiit training, and tabata workouts** that take less than an hour to complete!
- ✓ Lays out exactly what to do and how to track your progress so you can **improve every week!**
- ✓ Includes **graphic examples** of each workout. As shown below:



PLUS THESE FREE BONUSES



FREE BONUS #1: Keto-Friendly Restaurant Guide

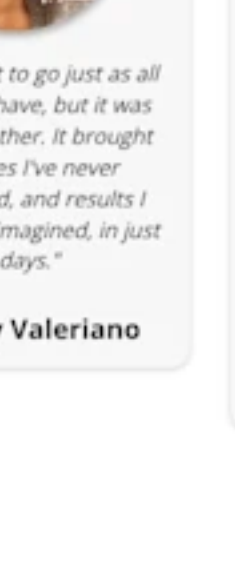
- ✓ When you pick up the Keto Jumpstart today, you'll also receive a copy of my Keto-Friendly Restaurant Guide **FREE** of charge
- ✓ If you find yourself on the go, or just simply want to snack at your favorite restaurant, this guide is a must have. You'll learn exactly how and what to order to maintain your new Keto lifestyle
- ✓ Includes delicious Keto-friendly options for 25 of your favorite restaurants, including: IHOP, Chick Fil A, In N Out Burger, Domino's, & more!

FREE BONUS #2: "Keeping It Keto" Facebook Community

- ✓ When you pick up the Keto Jumpstart today, you'll receive access to a Facebook community where you'll get direct access to me and my team of coaches!
- ✓ Accountability and support from me, my team of coaches, and your fellow Keto Jumpstarters!
- ✓ Share your progress, ideas, and encouragement with the community and reach your goals as a team!



BACKED BY OUR NO-RISK GUARANTEE



100% Money Back Guarantee

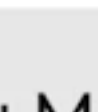
It will definitely take some dedication, but if you stick with it, I am so confident that you will see the results you are looking for - just like so many others before you - that I'm willing to let you try out the program for the full 30 days risk-FREE! If you aren't completely satisfied with how far you've come, contact me by email within 30 days and I will refund you 100%!

This 60-Day Keto Jumpstart program has helped **hundreds of thousands** lose weight and achieve not only their fitness goals, but their life goals as well...

Click Below To Be The Next Success Story!

~~\$623~~

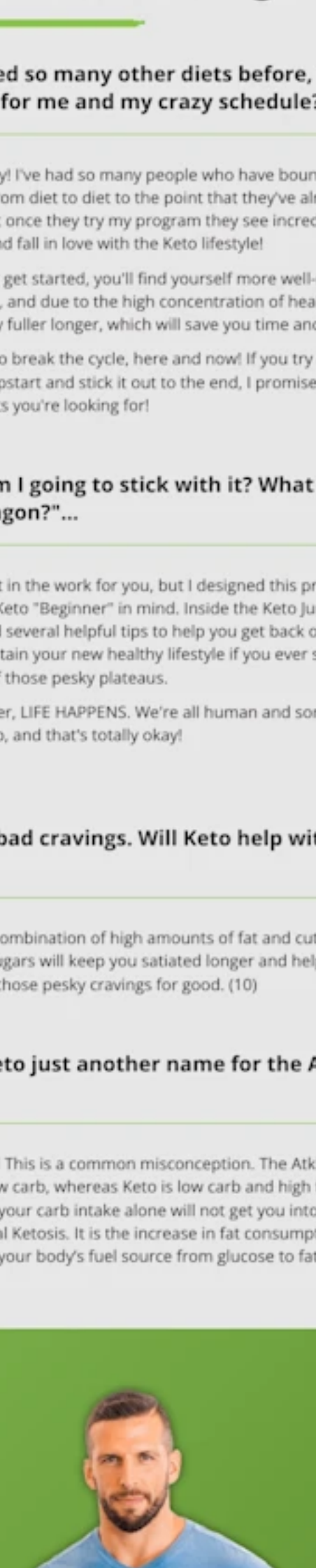
\$37



[» Yes, Let's Get Started!](#)

**One Time Charge of \$37 - Lifetime Access!
No Hidden Fees. No Contract.
30-Day Money Back Guarantee!**

Please keep in mind that results may vary from person to person.



Are You Ready To Become A Fat Burning Machine?

[» Yes, Let's Get Started!](#)

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30-Day Money Back Guarantee!**

Please keep in mind that results may vary from person to person.

Keto Jumpstart FAQ

When I purchase The Keto Jumpstart, how will it be delivered to me? +

How does the Ketogenic Diet provide so many health benefits? +

Is Keto gluten free? +

What if I'm not a fan of some of the items in the meal plan? +

I'm worried that the Keto Jumpstart exercises may be too intense for me. Should I still try it out? +

I'm interested in trying out Keto, but I have an existing health condition. Is it safe? +

[» Start My Keto Transformation Today!](#)

**One Time Charge of \$37 - Lifetime Access!
No Hidden Fees. No Contract. 30-Day Money Back Guarantee!**